Roots Community Services presents

Diabetes Health Fair



Saturday, November 21, 2026

12:00 PM to 3:00 PM

The Salvation Army Family Life Resource Centre
535 Main St N, Brampton, ON L6X 3C9

Join us for our diabetes health fair featuring health screenings, nutrition tips, diabetes education, and community resources to help support healthier living.

What's available for you:

- Diabetes awareness and education
- A1C testing
- Blood pressure checks
- Healthy nutrition education and food presentations
- Diabetes prevention and healthy living information
- Community health resources
- Complimentary food and refreshments

Exciting prizes to be won!

Register here:
go.rootscs.org/diabeteshealthfair

In partnership with:

WellFort Community Health Services · rest CENTRES SHELTER DIGNITY · MNS · African Community Services · wellspring CANCER SUPPORT CHINGUACOUSY · Trillium Health Partners · Institute for Better Health

Visit us online
rootscs.org
Follow **@rootscspeel**

roots community services
Inspiration. Empowerment. Action.