

Roots Community Services presents

BLACK MEN SPEAK UP

Wednesday July 15, 2026

7:30 p.m. EST

A safe, brave space for men

Join us for an open conversation about:
Breaking the Silence on Loneliness: Part 2

Register here to join us on Zoom

<https://bit.ly/BlackMenSpeakUpSeries>



Hosted by: Fimo Mitchell
Podcast host, writer, founder of
When the Village Meditates



To learn more, contact joseph@rootscs.org

or call 905-455-6789 ext. 151

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