

12th

Our community wellness fair

For Black, African, and Caribbean Communities



FREE admission and parking!

All ages welcome!



Saturday, June 20, 2026 10 a.m. to 3 p.m.

Malton Community Centre 3540 Morning Star Dr., Mississauga

Services, information and resources:

- Cancer prevention, screening, and management
- Diabetes prevention and management
- Heart health
- Food and nutrition
- Services for seniors
- Services and activities for youth
- Legal services
- Mental health and wellness
- Sexual health ...and much more!

See your health clearly by visiting the Wellness Window for free health checks and services:

- Blood testing for diabetes, prostate cancer, kidney health, and more
- Blood pressure testing
- The Black Health and Social Services Hub Mobile Unit
- School immunizations: Book online for meningococcal, HPV and Hep B at bit.ly/Peelebooking. For other school vaccines, call 905-799-7700 or 1-888-919-7800 to book an appointment.



Hosted by
The Juiceman, Jonathan Shaw



Join us for special mental wellness presentations: Under the Same Sun - Wellness from Childhood to Elderhood

The fair will also feature:

- Music
- Giveaways
- Kids' activities
- Interactive fitness demos
- Food truck (\$)

Visit rootscs.org/wellnessfair or scan the QR code for more information.

With leadership from:



In collaboration with:



East Mississauga
Community Health Centre
A Branch of LAMP

