

# NATIONAL YOUTH WEEK

MAY 1-7 2024

36 Queen Street East, Lower Level, Brampton, ON

## EVENTS

Check Out Our  
Youth Events this  
Year!

May  
02

### Financial Literacy: Creating a Budget and Investing

5:30-7:30PM

Come learn how to manage your money and make savvy financial decisions. Find out how to create a budget and invest with purpose to help you build a secure future.



Guest Speakers  
Craig Brown and Dean Chambers  
ChecksOverStrikes

May  
06

### Passport to Awareness: Navigating Substance Use

6:00-7:30PM

Immerse yourself in an interactive journey hosted by our SAPACCY team. Explore various stations and unlock prizes as you learn about the effects of substance use.



Hosted by:  
SAPACCY Team at  
Roots Community Services

May  
07

### The Healing Group

6:00PM-7:30PM

Share and heal from your experiences of racial trauma with others who've had similar journeys. We offer a safe space where you can enjoy culturally affirming, empowering activities.



Hosted by:  
Mental Health & Wellness Team at  
Roots Community Services

Register here to join us on Zoom or in-person  
at 36 Queen Street East, Brampton:  
[bit.ly/rootscsyouthweek2024](https://bit.ly/rootscsyouthweek2024)

For more information, please contact **Natasia** at [natasia@rootscs.org](mailto:natasia@rootscs.org)  
Visit us online at [www.rootscs.org](http://www.rootscs.org)

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